

HOMEMADE PASTA

Serves: 1 portion

INGREDIENTS:

1 egg

½ cup of pasta flour

1 tbs olive oil

¼ tsp salt

1 tbsp water

PREPARATIONS:

1. *Add all ingredients to a bowl, work it good with your hands. Process until mixture starts to form a ball.*
2. *You may want to start with a little less water depending on the size of your eggs and moistness of your flour.*
3. *Wrap ball in plastic wrap and let rest for about ½ hour.*
4. *Then make your pasta using your pasta machine or rolling out.*
5. *Boil the pasta water, put in the pasta for 2-3 minutes.*