

## **BULGUR PILAF Serving 4**

**INGREDIENTS:** 

5 dl bulgur
4 dl water
2 tablespoons tomato puree
1 tomato
1 onion
2 green long peppers
1 tablespoon butter
1 dl oil

## **PREPARATIONS:**

- 1. Finely chop the the onion.
- 2. Dice green peppers and tomato.
- 3. Melt the butter in the deep pan add the oil. Cook chopped onion and pepper in the oil, stirring occasionally until golden brown, 5 to 7 minutes.
- 4. Add chopped tomato and tomato puree to onion and cook, stirring 2 minutes more.
- 5. Add bulgur and water and cook until bulgur is softened, about 15 minutes
- 6. Let it rest for 5 minutes before serving.