

DASHI STOCK

INGREDIENTS:

1600 ml water

10 cm length kombu

40 g dried bonito flakes (katsuobushi)

PREPARATIONS:

• Clean on surface of konbu and soak into water more than 30 minutes. (do not wash)

- Warm the water with high heat, and remove konbu just before the water comes to a boil.
- While the water is boiling, add the bonito flakes, and turn off the heat.
- Wait until the bonito flakes sink down to the bottom of the water, and strain.